

We Need Your Help

We are in need of recipes for kitchen talk. If you have a favorite recipe, even if it has appeared in one of our cookbooks, please send it to us so we can put it in the *Fraternal Herald*. Make several copies of this form and provide it to members at the meeting.

Kitchen Talk Recipe Submission Form

Submit a recipe to our Kitchen Talk section of the magazine, and we will send you a pan scraper. Please make multiple copies of this form and give to other lodge members. Be exact in your ingredients (i.e., instead of a can of soup, indicate the number of ounces--1 can (10.5 ounce) Cream of Mushroom soup). Make sure to include how many it serves.

Name _____ Lodge No. _____

Address _____

Day Phone Number (_____) _____ Recipe Title _____

Ingredients: List of abbreviations: C = cup; tsp = teaspoon; T = Tablespoon; lb = pound; oz = ounces; pkg = package; pt = pint; qt = quart.

Serves _____

Please write the directions on the back side of this form.

Return to: Kitchen Talk, Western Fraternal Life Association, 1900 1st Ave N.E., Cedar Rapids, IA 52402



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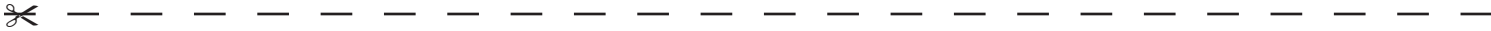
Serves _____ Please continue directions on the reverse side. Please be very clean and thorough in your instructions.

Directions: _____

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