

Kitchen Talk Feature Submission Form

Kitchen Talk features the people, stories, and recipes from your kitchens. We want you to submit yourself or someone in your lodge to be featured in this section. Please fill out the form below.

Name of person submitting this form: _____ Lodge No: _____

Preferred contact information: _____

Name of person, family, or group you are recommending for a feature article: _____

Contact phone: _____ Contact email: _____

Why are you recommending this person, family, or group? _____

Do you have a story to share about a kitchen-related experience with this person/group? _____

What dishes do you recommend they provide recipes for? Why do you love them? _____

If you have photos of the dishes, or the person/people recommended, please send them to wflains@wflains.org or our mailing address with the information requested in this form. Please write or attach the recipes submitted to this sheet if those recipes are available.

Kitchen Talk
Western Fraternal Life
1900 First Ave NE, Cedar Rapids, IA 52402
E-Mail: wflains@wflains.org